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Rise

Control Mechanisms:

- Tilt with back lock #45C
- Body Balance Synchro #55C
- Stool: Tilt with back lock #45C-11DR

Adjustable Arms:

- 8D Adjustable Arms #22ACB/#22ACG

Adjustable Lumbar:

- Lumbar Support Insert #RLM

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Tilt with back lock #45C

Right

Left

Seat Height
Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Back/Recline Tension
Type: Rotatable knob

Rotate knob right to increase tilt tension. Rotate knob left to decrease tilt tension. You can use your right or left hand based on your own comfort.

Single Position Back Lock
Type: Pull paddle

Use the same paddle you used for the seat height adjustment. To lock the chair in an upright position, shift your weight forward until the chair is in an upright position, then push lever in. To rock (free float) shift your weight forward and pull the lever out.

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Body Balance Synchro #55C

Right

Left

Seat Height
Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Seat Depth
Type: Pull paddle

Pull up on paddle while shifting your weight forward to move your seat forward. Shift backward to move your seat back.
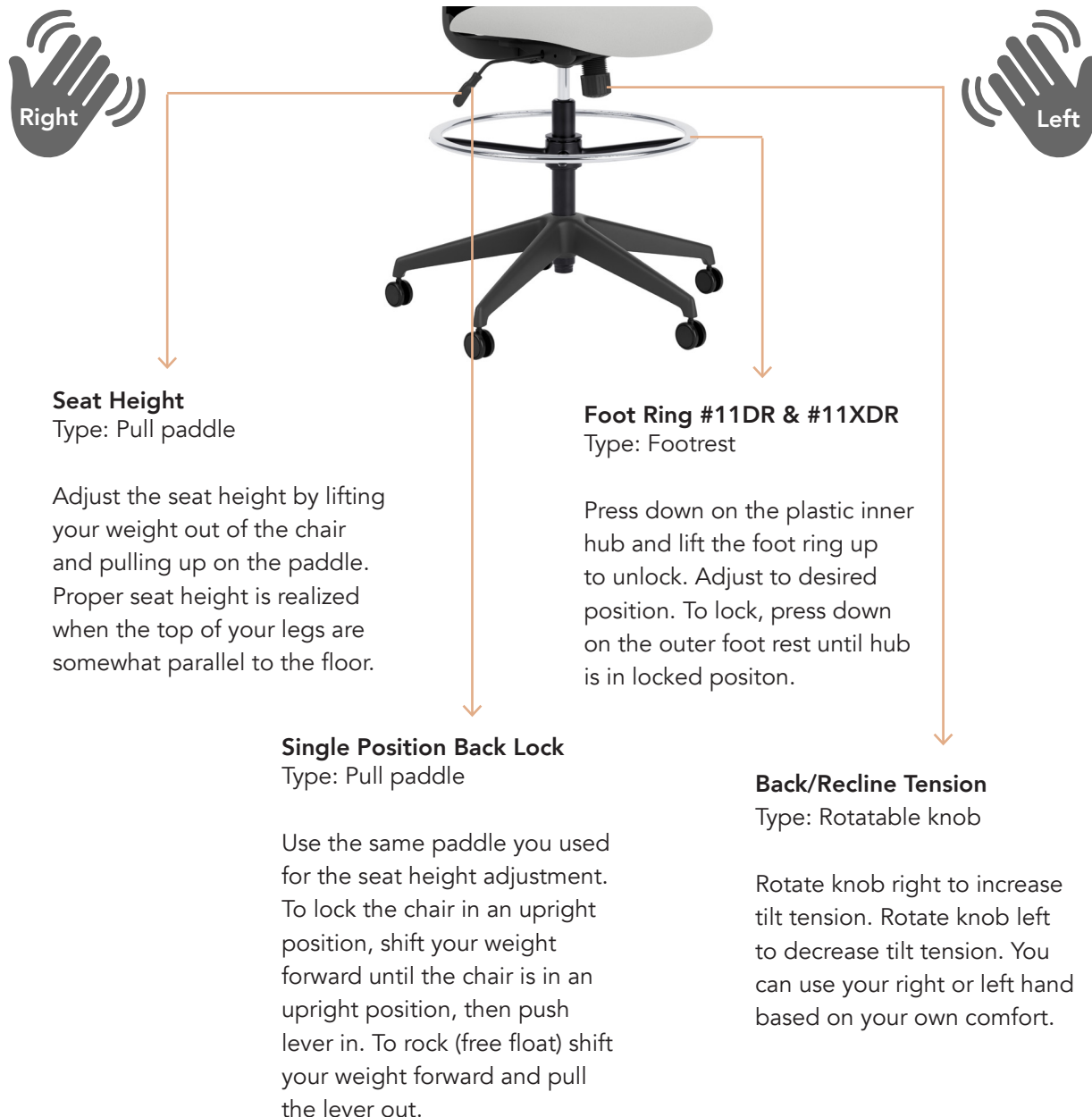
4-Position Back Lock
Type: Pull paddle

To lock the chair in an upright position, turn the paddle up. To rock (free float), turn the paddle down. Lean back to click through the 4 different back positions.

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Stool: Tilt with back lock #45C-11DR

Right

Left

Seat Height
Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

Foot Ring #11DR & #11XDR
Type: Footrest

Press down on the plastic inner hub and lift the foot ring up to unlock. Adjust to desired position. To lock, press down on the outer foot rest until hub is in locked positon.

Single Position Back Lock
Type: Pull paddle

Use the same paddle you used for the seat height adjustment. To lock the chair in an upright position, shift your weight forward until the chair is in an upright position, then push lever in. To rock (free float) shift your weight forward and pull the lever out.

Back/Recline Tension
Type: Rotatable knob

Rotate knob right to increase tilt tension. Rotate knob left to decrease tilt tension. You can use your right or left hand based on your own comfort.

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Watch our Foot Ring >
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8D Adjustable Arms #22ACB/#22ACG

Right

Left

Armrest Back/Forth
Type: Armrest

Using both hands, push
the armrest back or forth
to desired position. Adjust
each armrest seperately.

Armrest In/Out
Type: Armrest

Using both hands, push the
armrest in or out (left/right) to
desired position to increase or
descrease space between arms.
Adjust each armrest seperately.

Arm Height (Up/Down)
Type: Button

Press the button found beneath
the armrest while grasping the
armrest with both hands. Raise
or lower each arm to desired
height. Release the button.

Armrest Rotation In/Out
Type: Armrest

While sitting in the chair, grasp
the armrest and rotate in or out
to desired angle. Adjust each
armrest seperately or at the same
time.

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Lumbar Support Insert #RLM

Left

Right

Lumbar Support
Type: Insert

From the seated position or while standing, place the pillow into the back as shown above. To remove, lift it off the back. The pillow is curved & designed to rest securely atop the back piece.

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