

# Spec Stools

## Control Mechanisms:

- Foot-Activated #1401
- Hand-Activated #1416
- Task Stool #11DR/#11XDR



# Hands-Free Spec Stools #1401



**Seat Height**  
Type: Foot ring

While standing, push the footring down with your foot. The seat will rise. To lower the seat, sit on it & push the footring down with your foot. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.



< Watch our 1401 Control  
Online User Guide

# Light Task Stool #11DR



**Seat Height**  
Type: Pull paddle

Adjust the seat height by lifting your weight out of the chair and pulling up on the paddle. Proper seat height is realized when the top of your legs are somewhat parallel to the floor.

**Foot Ring #11DR & #11XDR**  
Type: Footrest

Press down on the plastic inner hub and lift the foot ring up to unlock. Adjust to desired position. To lock, press down on the outer foot rest until hub is in locked position.



< Watch this Control  
Online User Guide



Watch our Foot Ring >  
Online User Guide